Cybersecurity

Protecting Your Business and Your Customers

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It Only Takes a Single Click







The Headliners

CNA (March 2021)

- CNA is the 6th largest insurance carrier in the U.S.A.
- Encryption included remote worker machines that were connected via VPN
- Insurance carriers that offer Cybersecurity Insurance are valuable targets
- Bloomberg reported that an estimated £30 Million in ransom was paid to regain access to their networks

Colonial Pipeline (May 2021)

- Pipeline that carries over 100 million gallons of fuel a day went offline.
- Darkside Group
- Average price of a gallon of gas in the US increased to more than \$3 for the first time in over 7 years
- \$4.4 million was paid to recover the data

Irish Health Service (May 2021)

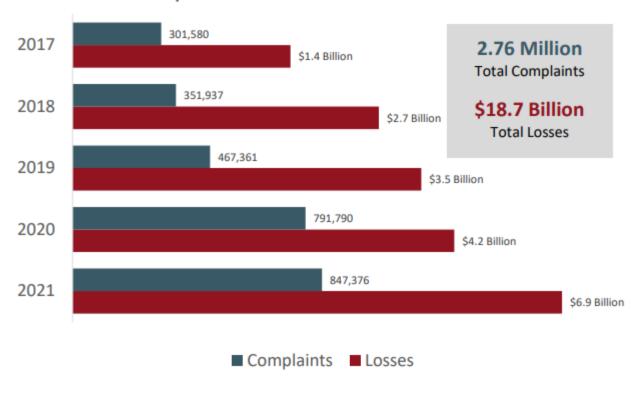
- Shutdown of all HSE systems forcing hospitals to cancel appointments
- 15 Million in ransom was demanded which HSE refused to pay
- HSE reports that the total cost of the ransomware attack was 98 million dollars (85 million pounds)
- Penetration tool was used to deploy Conti Ransomware



The Reality of Cyber Attacks

- Average of 552,000 reported attacks per year (ic3.gov)
- Double Extortion is now the norm

Complaints and Losses over the Last Five Years





The Cost of Ransomware





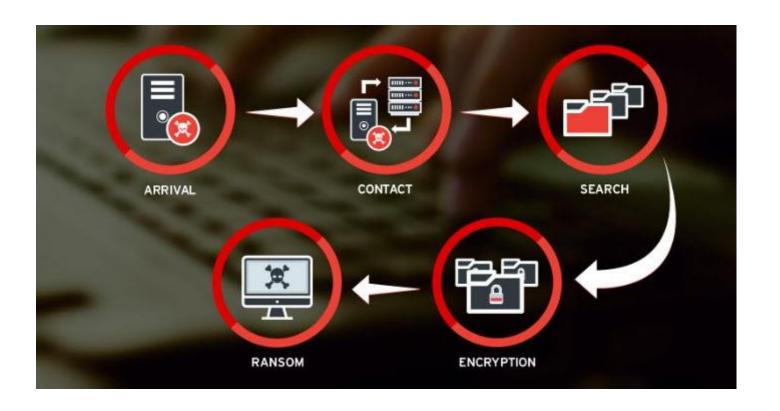
Ransomware - The Worst of the Worst

- Staff Can't Work
- Customers are Impacted
- Revenue is Impacted
- Sales are Impacted
- Potential Loss of Customers
- Reputation is Impacted
- Ransom (Double Ransom?)
- Possible Legal Ramifications
- Unplanned Costs of Hardening the Network
- Cybersecurity Insurance that may not pay out fully



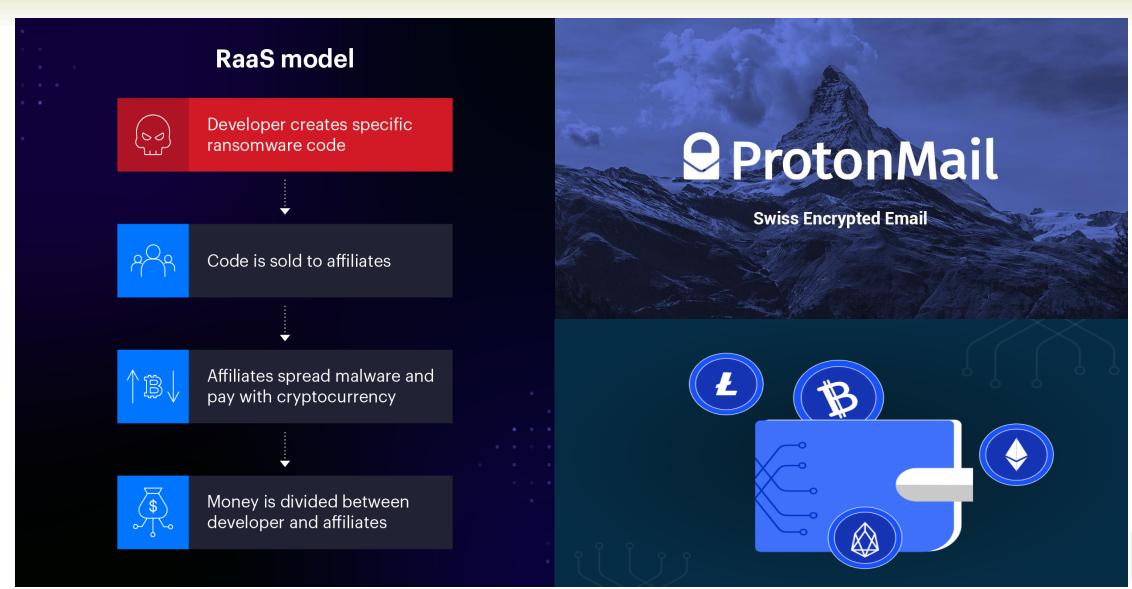
How Does Ransomware Work

- Acquisition of Credentials
- Access to Network
- Sit and Steal Passwords
- Elevated Privileges
- Scripts for Data Searches
- Data Exfiltration
- Script Encryption Servers
- Encrypt Backups
- Leave a Nice Note





Cloud Models Make It Easy for Bad Actors





How Do They Get In?

- Phishing Campaigns and Other Social Engineering
- Credential Stuffing from Other Breaches are More Targeted
- Password Spraying
- Keylogging (Malware)



What Happens When You are Ransomed?

- Everything HALTS
 - Network will need to be shutdown immediately
- You won't see it coming and the timing will not be convenient
- FBI will likely only take a report and provide (and request) IOC's
- Lots of "experts" will be involved
- Everything that runs on a server STOPS
- Very Long Days Ahead for IT and Leadership Groups
- Decisions will be made
- There is no free speech



Be Prepared

- Have a Plan!
 - Not the same as your DR Plan
- Test and Update Your Plan Annually
 - Tabletop Exercises with all key areas
- Cybersecurity Insurance (Be honest...)
- Cybersecurity Training for ALL
- Friendly Phishing Campaigns
- NIST Compliance
 - Formal Policies and Procedures
 - Security Reviews
 - Encryption used where possible
- Secure Your Border
 - MFA
 - SPAM and Al Phishing Protection
 - Geofencing and URL Filtering



Be Prepared

Network Separation

- Corporate Network and ISP Network should not be able to access one another
- Guest Networks should talk to neither

Backups and Storage

- Local and Cloud Copies
- Immutable SAN storage

Internal Security

- Monthly Patching
- Vulnerability Scanning
- Next Generation Endpoint Protection
- Secure Password management

Monitoring

- SOC
- Dark Web Monitoring

Cloud Applications

- 365/G-Suite
- Use MFA
- Allows communications to continue



Be Prepared

- Staffing
 - Are you staffed properly?
 - Are they trained to protect and respond
- Watch for Information Silos
 - What are you going to do if Fred is out?
 - What if multiple groups need Fred's help?
- Documentation
 - Could outside hands help you?
 - Do they know your systems?
- De-Hoard Your File Servers
 - This data will likely be exfiltrated
- Create a Security Culture
- Ask the hard questions!!!



Customer Education

Cybersecurity Email Campaigns

- Monthly email campaigns to customers to educate them on threats and how to avoid them
 - Passwords
 - Long
 - Complex
 - Do Not Reuse
 - Password Managers
 - Phishing
 - Malware
 - Suspicious Links
 - Browser Extensions
 - Keep Browsers and Computers Up to Date
 - Using Complex Passwords
 - Don't Re-Use Passwords
 - Use of Password Managers
 - Next-Gen Endpoint Protection



Value Added or Premium Services

- Anti-Virus / Malware Protection Software
 - Many home users do not have up to date antivirus
- Dark Web Scanning
 - Link Scanning like "Have I been Pwned" (haveibeenpwned.com)
- WiFi Mesh Systems with Added Security
 - Sell or Lease Wifi Mesh Systems that provide some protection against Cyber threats such as Plume with Homepass.
- Cloud Backup Services



QUESTIONS?

